



JUNE 19–23, 2018

HILTON LOS CABOS BEACH AND GOLF RESORT
SAN JOSE DEL CABO, MEXICO

Bring This, Not That... Convention Checklist

Get prepared and organized for your trip to the BEMA Convention with this printable packing checklist.

Pre-Travel Preparation

- Register for Convention (Deadline is May 1, 2018)
- Make Airline Reservation/s
- Register for BEMA Gives Back Service Event:
<https://www.bema.org/convention-2018/>
- Register for Activities through Cabo Adventures:
<https://www.bema.org/convention-2018/>
- Record Dietary Restrictions on Convention Registration Form
- Pre-arrange Transportation in Mexico
- Create an Itinerary including hotel information (Hilton Los Cabos Beach and Golf Resort, San Jose Del Cabo, Mexico) and leave a copy with friends and family
- Make sure your Passport/Visa is up to date
- Pay Bills that will be due before your return
- Stop Mail, Newspaper, Home Deliveries
- Setup Email so you can access from any device
- Set up Caretaker/Kennel Boarding for Pet(s)
- Scale Down Keys (take only what you need)
- Create an Emergency Contact Label (Name, Address, Phone Number) for your luggage
- Make Copies of all Travel Documents

On Your Person

- Passport/Visa + copy
- Airline Tickets/Travel Documents + copy
- Credit Cards
- Driver's License + copy
- Cell Phone
- Pen/Notepad
- Business Cards
- Camera
- Medical Insurance Card/Information + copy



Travel Gear

(What to pack in your carry-on bag.)

- Magazines/Books/Travel Games/Journal
- Cell Phone/Laptop/iPod/iPad
- Camera/Camcorder
- Electronic Batteries/Adapters/Chargers
- Headphones/Ear Plugs
- Presentation Materials/USB (if applicable)
- BEMA Event Tickets
- Neck Pillow
- Compression/Travel Socks
- Hand Wipes/Sanitizer/Tissues
- Necessary Prescription Medication
- Sleep Aids/Motion Sickness Medication
- Snacks
- Water Bottle
- Mexico Road Maps/Guide Books
- Spanish Translation Book
- Sewing Kit
- Luggage Lock Keys

continued



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continued

Checked Luggage

(Don't pack more than you can maneuver through large crowds.)

TOILETRIES

- Necessary Prescription Medication
- Headache, Pain Relievers, Indigestion Medication
- Eye Glasses/Contact Lenses/Solution
- Vitamins
- Sunscreen
- Aloe Vera
- Insect Repellent
- Lip Balm
- Toothbrush/Toothpaste/Dental Floss
- Comb/Brush
- Deodorant/Cologne/Perfume
- Bar Soap/Hand Soap/Body Wash
- Shampoo/Conditioner/Hair Treatment
- Shaving Cream/Razors
- Cosmetics/Mirrors
- Blow Dryers/Curling Irons/Curlers
- Feminine Hygiene Items
- Nail Clippers/Tweezers/Scissors
- Laundry Bags/Small Plastic Bags

CLOTHING

Resort is casual/business-casual attire. (Mexican inspired, bright colors and geometric patterns)

- Sundresses/Maxi Dresses/Tunics
- Lightweight (linen, cotton, silk) Slacks/Pants/Shorts/Skirts
- Colorful Blouses/Shirts/Dresses
- Jeans
- Khaki Pants/Long Shorts

- Capris
- T-Shirts/Polo Shirts

FOOTWEAR

- Sandals (2)
- Flat Shoes (2)
- Slippers
- Closed-Toe Walking Shoes/Tennis Shoes (1)

ACCESSORIES

- Sunglasses
- Backpack
- Jewelry/Watches
- Belts
- Purse

BEACH ESSENTIALS

- Beach Bag
- Wide-brimmed Sunhats
- Athletic Wear/Sweat Suit
- Swimsuits/Trunks (2)
- Sarong

BEMA GIVES BACK SERVICE EVENT (SCHOOL AND FIRST AID SUPPLIES) Additional information will be sent about this event via email.

- Spiral Notebooks
- Pencils
- Scissors
- First Aid Creams
- Bandages
- Band Aids
- Markers
- Hand Sanitizers
- Crayons