



JUNE 19–23, 2018

HILTON LOS CABOS BEACH & GOLF RESORT
SAN JOSE DEL CABO, MEXICO

Bring This, Not That... Convention Checklist

Get prepared and organized for your trip to the BEMA Convention with this printable packing checklist.

Pre-Travel Preparation

- ☐ Register for Convention (Deadline is May 1, 2018)
<https://www.bema.org/convention-2018/>
- ☐ Make Airline Reservation/s
- ☐ Register for BEMA Gives Back Service Event
- ☐ Register for Activities through Cabo Adventures:
<https://www.cabo-adventures.com/en/>
- ☐ Record Dietary Restrictions on Convention Registration Form
- ☐ Pre-arrange Transportation in Mexico
- ☐ Create an Itinerary including hotel information (Hilton Los Cabos Beach & Golf Resort, San Jose Del Cabo, Mexico) and leave a copy with friends and family
- ☐ Make sure your Passport/Visa is up to date
- ☐ Pay Bills that will be due before your return
- ☐ Stop Mail, Newspaper, Home Deliveries
- ☐ Setup Email so you can access from any device
- ☐ Set up Caretaker/Kennel Boarding for Pet(s)
- ☐ Scale Down Keys (take only what you need)
- ☐ Create an Emergency Contact Label (Name, Address, Phone Number) for your luggage
- ☐ Make Copies of all Travel Documents

On Your Person

- ☐ Passport/Visa + copy
- ☐ Airline Tickets/Travel Documents + copy
- ☐ Credit Cards
- ☐ Driver's License + copy
- ☐ Cell Phone
- ☐ Pen/Notepad
- ☐ Business Cards
- ☐ Camera
- ☐ Medical Insurance Card/Information + copy



Travel Gear

(What to pack in your carry-on bag.)

- ☐ Magazines/Books/Travel Games/Journal
- ☐ Cell Phone/Laptop/iPod/iPad/eReader
- ☐ Camera/Camcorder
- ☐ Electronic Batteries/Adapters/Chargers
- ☐ Headphones/Ear Plugs
- ☐ Presentation Materials/USB (if applicable)
- ☐ Neck Pillow
- ☐ Compression/Travel Socks
- ☐ Hand Wipes/Sanitizer/Tissues
- ☐ Necessary Prescription Medication
- ☐ Sleep Aids/Motion Sickness Medication
- ☐ Snacks
- ☐ Water Bottle
- ☐ Mexico Road Maps/Guide Books
- ☐ Spanish Translation Book
- ☐ Sewing Kit
- ☐ Luggage Lock Keys

continued

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Checked Luggage

(Don't pack more than you can maneuver through large crowds.)

TOILETRIES

- ☐ Headache, Pain Relievers, Indigestion Medication
- ☐ Eye Glasses/Contact Lenses/Solution
- ☐ Vitamins
- ☐ Sunscreen
- ☐ Aloe Vera
- ☐ Insect Repellent
- ☐ Lip Balm
- ☐ Toothbrush/Toothpaste/Dental Floss
- ☐ Comb/Brush
- ☐ Deodorant/Cologne/Perfume
- ☐ Bar Soap/Hand Soap/Body Wash
- ☐ Shampoo/Conditioner/Hair Treatment
- ☐ Shaving Cream/Razors
- ☐ Cosmetics/Mirrors
- ☐ Blow Dryers/Curling Irons/Curlers
- ☐ Feminine Hygiene Items
- ☐ Nail Clippers/Tweezers/Scissors
- ☐ Laundry Bags/Small Plastic Bags

CLOTHING

Resort is casual/business-casual attire. (Mexican inspired, bright colors and geometric patterns)

- ☐ Sundresses/Maxi Dresses/Tunics
- ☐ Lightweight (linen, cotton, silk) Slacks/Pants/Shorts/Skirts
- ☐ Colorful Blouses/Shirts/Dresses
- ☐ Jeans
- ☐ Khaki Pants/Long Shorts
- ☐ Capris
- ☐ T-Shirts/Polo Shirts

FOOTWEAR

- ☐ Sandals (2)
- ☐ Flat Shoes (2)
- ☐ Slippers
- ☐ Closed-Toe Walking Shoes/Tennis Shoes (1)

ACCESSORIES

- ☐ Sunglasses
- ☐ Backpack
- ☐ Jewelry/Watches
- ☐ Belts
- ☐ Purse

BEACH ESSENTIALS

- ☐ Beach Bag
- ☐ Wide-brimmed Sunhats
- ☐ Athletic Wear/Sweat Suit
- ☐ Swimsuits/Trunks (2)
- ☐ Sarong

BEMA GIVES BACK SERVICE EVENT (SCHOOL AND FIRST AID SUPPLIES)

Additional information will be sent about this event via email.

- ☐ Spiral Notebooks
- ☐ Pencils
- ☐ Scissors
- ☐ First Aid Creams
- ☐ Bandages
- ☐ Band Aids
- ☐ Markers
- ☐ Hand Sanitizers
- ☐ Crayons

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What NOT to take to Mexico

⊗ DON'T BRING UNNECESSARY ELECTRONICS

You do not want to be burdened with too many electronic devices on your trip to Mexico. We recommend leaving anything you can survive without at home.

⊗ DON'T BRING LARGE AMOUNTS OF CASH

Gone are the days where you need to carry large amounts of cash in Mexico. Most places accept credit cards and there are ATMs in many locations. Pickpocketing can still be a problem, so just carry what you will need for the day.

⊗ DON'T PACK TOO MANY WARM CLOTHES

While it's worth taking at least one warm outfit, any more is overkill. Pack for heat and maybe rain, but not too much for cold.

⊗ DON'T BRING FOOD, FRUITS AND/OR PRODUCTS THAT ARE NOT "COMPANY" PACKED

If you are the type to pack snacks, make sure to leave fruits and unpackaged items at home or you could face a large fine from customs.

⊗ DON'T BRING HEAVY BOOKS

While you may want a book or two to read at the beach if you have not made the move to an ereader, books can easily become more of a pain to carry around than they are worth.

⊗ DON'T PACK VALUABLES

In an unfamiliar country you do not want to worry about losing valuable possessions. Make sure to only take valuables you need and keep them as secure as possible.

⊗ DON'T BRING EXPENSIVE JEWELRY

You do not want to draw attention to yourself as an easy target for thieves. Leave any expensive jewelry at home. Same with sentimental items and anything you cannot easily replace with travel insurance.

⊗ DON'T BRING EVERYDAY SUPERMARKET ITEMS

Mexico has large supermarkets with many of the things you would find back home. Don't worry too much about everyday items. You will be able to pick them up when you are there.