

BEMA-U: Improving Team Dynamics

Location: Hosted on-site at your facility

Date: TBD by hosting company

Purpose of the Course

Tackle the challenges most critical to your team's success with team effectiveness training. High performing teams are non-negotiable for successful organizations. Teams can learn from their past and prepare for their future, by having conversations which will improve their performance today. Course participants will develop a plan that helps them eliminate the friction that negatively impacts results, and instead, create a forward momentum related to your company goals.

Team effectiveness training is based on a proven system that delivers real, tangible results. Through this coursework, innovation and performance is stimulated for each member of the team, increasing collaboration and productivity.

Specific Objectives

- Face your most pressing team challenges by opening the lines of communication.
- Explore team preference (how your team likes to work together).
- Improve team capability (how effectively they can work together).
- Enhance how your team communicates, how they prioritize, what motivates them, and what the blockers are to their performance.

Ideal Participants

- ✓ Newly formed or recently merged teams.
- ✓ Teams who lack direction, purpose or vision.
- ✓ Effective teams who want to become high performing.
- ✓ Teams where interpersonal issues are a barrier to effectiveness.

Schedule of Topics

*Additional topics can be customized to meet the needs of each company.

Power of Perception
Self-Awareness
Preferences and Blind Spots
Communication Tactics
Team Composition & Culture
Individual Value to the Team
Team Strengths and Weaknesses
Team Action Planning



Facilitator Credentials



Senior Director of Education & Operations for BEMA, Emily serves the baking industry as a subject matter expert on talent management and continuing professional education. Prior to joining the non-profit sector, she served in manufacturing operations and public education. She has multi-industry experience as a performance consultant and has managed the organizational development function for a global manufacturer of packaging solutions. Ms. Bowers has earned several certifications, including the SHRM-SCP, as well as a Bachelor's degree in Elementary and Early Childhood Education from Northwest Missouri State University and a Master's degree in Curriculum Development from Baker University.

Contact Emily Bowers at ebowers@bema.org to schedule your training. Utilize your BEMA member benefits to save money on training and develop your workforce! Learn more at bema.org/bema-u.

"Feedback from my teams has been extremely positive. It gave them a platform and a revitalized energy to dive into the team dynamics they have been working through. I am confident they have better tools, as well as a working plan they are committed to as a result of the team effectiveness sessions. As a remote leader it's difficult to get dedicated time with the entire team to talk through development and real issues facing the team, this was a great platform to accomplish both."

-Troy Anderson, Ardent Mills

BEMA-U: HELPING OUR MEMBERS BUILD BETTER COMPANIES